



Annette Cartaxo, MD, FAAP
Pediatrician, Chambers Center for Well Being
Atlantic Health System

Dr. Annette Cartaxo is a board-certified pediatrician at Atlantic Health System’s Chambers Center for Well Being in Morristown, NJ. She is a developmental/behavioral pediatrician who, for many years, has incorporated nutritional medicine in her practice, especially for children with special needs.

She has a special interest in treating AD/HD, anxiety, autism and food allergies. She is a strong supporter and member of The American College of Nutrition and frequently lectures on the positive impact wholesome nutrition plays on

individuals diagnosed with autism spectrum disorder and attention deficit disorder. She has co-authored chapters in a text book written for primary care physicians, titled “Foods and Nutrients in Disease Management,” and has written several journals on nutritional medicine.

Dr. Cartaxo lectures and writes about nutritional interventions which are helpful especially for children with autism spectrum disorder and other developmental disabilities. She has co-authored the book “Healing Autism in the Kitchen,” a unique resource focusing on the healing aspects of a healthy diet, with specific emphasis on oral motor difficulties in children with autism spectrum and developmental disorders.



Giovanni Campanile, MD
Integrative Cardiologist, Director of Integrative Nutrition
Chambers Center for Well Being
Atlantic Health System

Dr. Giovanni Campanile is an integrative cardiologist and director of integrative nutrition at the Chambers Center for Well Being. He is board-certified in interventional cardiology, cardiovascular diseases and internal medicine. He completed his internal medicine internship and residency at Boston University School of Medicine, and his cardiology and interventional cardiology fellowship at Harvard Medical School.

Dr. Campanile has published scientific papers in major cardiology journals that have advanced our understanding of the effect of high blood pressure on heart health. New Jersey Monthly Magazine named him as one of the “Top Doctors” in the state for several years. He was also the on-call cardiologist to former President George H.W. Bush in Kennebunkport, Maine.

He was a researcher for the world-renowned Framingham Heart Study, which has greatly contributed to our current understanding of risk factors in the development of cardiovascular disease and how lifestyle affects one’s health. He also started the very first integrative cardiology practice in the nation.

Dr. Campanile was a member of an advisory board at Bastyr University. He taught nutrition, herbology and integrative medicine at Florida Atlantic University, and is a certified aromatherapist. He is currently a masters candidate from University of Bridgeport in human nutrition.



Hendrieka A. Fitzpatrick, MD
Physician, Chambers Center for Well Being
Atlantic Health System

Dr. Hendrieka Fitzpatrick is an integrative medicine physician at Atlantic Health System's Chambers Center for Well Being in Morristown, N.J. She has practiced integrative medicine exclusively for 14 years and has taught integrative medicine for 15 years. She worked in the National Health Service Corps for 12 years delivering care in underserved communities, and was on the family practice faculty in Ohio until 1997 when she moved to New Mexico. Dr. Fitzpatrick then became interested in integrated medicine and had the distinct honor of studying European biological medicine with Thomas Rau, MD, of the Paracelsus Clinic in Switzerland. She is one of the first American Diplomats of Biological Medicine and started a biological medicine clinic in Santa Fe in 2000.

Dr. Fitzpatrick received a bachelor's degree in medical and environmental ethics from Cornell University in 1977, and her medical degree from George Washington University. She conducted her postgraduate training at the University of New Mexico and Case Western University, and has been board certified in family practice since 1985. She is the proud mother of five wonderful children.



Ken Cartaxo, MD
Physician, Chambers Center for Well Being
Atlantic Health System

Dr. Ken Cartaxo has board certifications in family medicine, emergency medicine, integrative and holistic medicine and is a certified nutrition specialist. He has more than 25 year's clinical experience in emergency medicine and was appointed assistant professor of clinical emergency medicine by New York Medical College. He has practiced nutritional medicine and bioidentical hormone replacement for more than 20 years, receiving training from experts in the field such as Dr. Thierry Hertoghe, Dr. Jonathan Wright and Dr. Alan Gaby.

Dr. Cartaxo believes that our relationship with our environment is a key factor in our health. He is devoted to treating his patients with an integrative holistic approach to well-being by looking at the whole person and treating their root cause rather than their symptoms.



Mary Jo Peay, APN-C
Nurse Practitioner, Chambers Center for Well Being
Atlantic Health System

Mary Jo Peay is a board certified nurse practitioner in adult primary care, with a master's degree from Fairleigh Dickinson University. Throughout the past 20 years, she has cultivated a wide range of nursing experience in many positions in healthcare. She has worked in critical care, labor and delivery, medical surgical units, and orthopedics. Having served as a nurse educator and integrative nurse practitioner, Ms. Peay enhances the care of our patients with her varied skills and background.

She has her post graduate training in bioidentical hormone replacement therapy from the Academy of Anti-Aging and Regenerative Medicine. She is a member of the North American Menopause Society and American Academy of Nurse Practitioners. She brings extensive knowledge and passion about healing the body naturally and treating the root cause of disease, not only the symptoms.



Mimi Guarneri, MD, FACC, ABIHM
Medical Adviser, Chambers Center for Well Being,
Atlantic Health System

Dr. Mimi Guarneri is medical adviser at the Chambers Center for Well Being. She is board-certified in cardiology, internal medicine, nuclear medicine and holistic medicine. Most recently, she was elected president of the American Board of Integrative Holistic Medicine.

Dr. Guarneri served as an attending interventional cardiologist at Scripps Clinic, where she placed thousands of coronary stents. She pioneered the Scripps Center for Integrative Medicine where she uses state-of-the-art cardiac imaging technology and lifestyle change programs to aggressively diagnose, prevent and treat cardiovascular disease.

She is a fellow member of the American College of Cardiology, Alpha Omega Alpha and the American Medical Women's Association, as well as a diplomat of the American Board of Integrative Holistic Medicine. In 2009, Dr. Guarneri was honored as the ARCS scientist of the year.

She was honored by Project Concern International for her work in Southern India. She currently serves on the International Sub-Committee for Direct-Relief International. Dr. Guarneri also served on an advisory panel for the Institute of Medicine to explore the science and practice of integrative medicine for promoting the nation's health. The summit's findings were released in Washington, D.C.

Dr. Guarneri has authored several articles that have appeared in professional journals, such as the *Journal of Echocardiography* and *The Annals of Internal Medicine*. Dr. Guarneri participated as a member of the writing committee for the American College of Cardiology Foundation Complementary Medicine Expert Consensus Document.

In addition, she is the author of "The Heart Speaks," a poignant collection of stories from heart patients who have benefited from integrative medicine approaches. "The Heart Speaks" and her clinical work have been featured on NBC's "TODAY" and PBS's "To the Contrary" and "Full Focus." Her work was also featured in a two-part PBS documentary, "The New Medicine."

She is regularly quoted in national publications, such as the *Yoga Journal*, *Body+Soul*, *Trustee* magazine and WebMD. Dr. Guarneri has been recognized for her national leadership in integrative medicine by the Bravewell Collaborative and now serves as chair of the Bravewell Clinical Network for integrative medicine.

Dr. Guarneri received her medical degree from SUNY Medical Center in New York, where she graduated No. 1 in her class. She served her internship and residency at Cornell Medical Center, where she later became chief medical resident. She did her cardiology fellowships at both New York University Medical Center and Scripps Clinic.