

COPD & Pneumonia Training Tests

Audience: External Nursing Facility Nurses and Patient Care Technicians

COPD Pre-Test

1. You just received a new COPD admission from the hospital. Which actions should you take as the nurse?

- A. Ensure prior to admission (PTA) medications are reconciled
- B. Evaluate if resident can do a 10-second breath hold
- C. Identify the resident's pulmonologist
- D. Give the *Guide to Chronic Obstructive Pulmonary Disease (COPD)* booklet
- E. All the above

2. Which statement indicates that a resident with COPD who will be discharged verbalizes understanding of the COPD Action Plan:

- A. To call their provider if they move from the Green Zone ("I am doing well today") into the Yellow Zone ("I am having a bad day or a COPD flare-up")
- B. To call 911 or seek medical care immediately if the resident moves into the Red Zone ("I need urgent medical care")
- C. All of the above.

3. You have an end-stage COPD resident who has been admitted to the hospital 5 times in the past year. The resident is a full code and is having difficulty understanding their prognosis. Which support services are available?

- A. Social Services
- B. Attending physician
- C. Advanced Care Planning Meeting/Goals of Care/POLST
- D. All of the above



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COPD Post-Test

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Pneumonia Pre-Test

1. The resident is admitted with a diagnosis of pneumonia. Which of the following actions is appropriate upon admission?

- A. Give the resident the *Guide to Pneumonia Management* booklet.
- B. Provide and educate the resident on the use of the incentive spirometer: set initial and personal best goal.
- C. Review the Pneumonia Action Plan
- D. Check for a dysphagia diet
- E. All of the above

2. To promote lung expansion in a resident with pneumonia, what should the nurse do?

- A. Incentive spirometry (IS): 10 inhalations every hour
- B. Have the resident sit at the edge of the bed, OOB to chair, and take all meals OOB
- C. Encourage coughing and deep breathing
- D. All of the above

3. A resident is admitted to a facility with dysphagia. Which of the following interventions are most helpful to decrease the incidence of aspiration pneumonia? Select all that apply.

- A. Elevate the head of bed ≥ 30 degrees
- B. Brush teeth/dentures with toothpaste TID and prn
- C. Place the resident supine
- D. Avoid using straws and remain at a 90-degree angle for 20-30 minutes after eating



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