



# A trusted and helpful resource recommended by your OB



## My Baby & Me

**a personalized experience tailored to your unique pregnancy journey**

**Information you can trust** for every moment of your pregnancy and newborn journey.

**Reminders** about upcoming appointments and important to dos by trimester.

**One place to track** your to dos, health stats and questions for your provider.

**Quick connections to key resources** from your provider's care team and delivery hospital.

**Access to Bluetooth-connected devices** to track your blood pressure or blood glucose.

# ONE APP FOR EVERY DAY OF YOUR PREGNANCY

**DOWNLOAD HERE!**



Watch your email for your personal invitation code from your doctor

provided just for you by **Atlantic Health System**

in partnership with **WILDFLOWER**

