## **Preoperative Instructions**

## **Pre-Operative Instructions at Morristown Medical Center**

When your surgery is scheduled with Surgical Consult Services, you will receive a call from the surgical access department the night before surgery to advise you of the time of your surgery and the time you should arrive at the hospital. Please report to the surgical access unit at the Carol G. Simon Building at least two hours prior to your surgery time.

Do not eat or drink anything after midnight the night before surgery. You should consult your own physician regarding the taking of any morning medications and /or cardiac medications.

Preoperative blood work is required. This must be done within 30 days of surgery and fasting maybe required eight hours before the tests. An appointment for pre-operative lab work should be made with the Pre-Procedural Evaluation Center at 973-971-6800.

For certain surgeries you will be asked to sign consent for a possible blood transfusion. In the rare event that you would need a transfusion we need permission to give it to you. Some patients prefer to designate a donor who may be a relative or a friend to donate blood in case a situation arises that you may need it. Please be aware that this person must match your blood type and be compatible with your blood type. This must be arranged two weeks before your surgery is scheduled.

In some instances, patients bank their own blood. (autologous blood). We do not recommend this. The chance of needing blood is very remote and if you give blood before your procedure your blood counts will be low to start with. The last option and the one we find most suitable is to let us use blood from our blood bank. Today, the risk of transmissible infections associated with transfusions of banked blood is extremely low.

We will notify your insurance carrier of this procedure. However, you should inquire if a second opinion is required and what your financial responsibility is. If any further information is needed in regards to billing, please call the Physician Billing Office at 973-971-6280.

Please read these instructions carefully. If there is anything you do not understand or have any questions, please feel free to contact us at 973-971-7200.



## Instructions for Surgery at 111 Madison Avenue, Morristown Medical Center Ambulatory Surgery Center

If your surgery is scheduled with Surgical Consult Services at 111 Madison Avenue, Morristown, NJ. You will receive a call from Surgical Access the night before surgery to advise you of the time of your surgery and the time you should arrive at the hospital. Please report to the Ambulatory Surgery Center S at least 1 ½ to 2 hours prior to your surgery time.

Do not eat or drink anything after midnight the night before surgery. You should consult your own physician regarding the taking of any morning medications and /or cardiac medications. Preoperative blood work is required. This must be done within 30 days of surgery and fasting maybe required eight hours before the tests. An appointment for pre-operative lab work should be made with the Pre-Admission Testing Office at 973-971-6800.

We will notify your insurance carrier of this procedure. However, you should inquire if a second opinion is required and what your financial responsibility is. If any further information is needed in regards to billing, please call the Physician Billing Office at 973-971-6280.

Please read these instructions carefully. If there is anything you do not understand or have any questions, please feel free to contact us at 973-971-7200.