

# TAKE CHARGE OF YOUR HEALTH

Make an appointment to see your primary care doctor



**GET YOUR ANNUAL  
FLU SHOT**



**MENTAL HEALTH EVAL**  
to explore the prevalence  
of anxiety and depression



**HEARING / VISION EXAM**  
to evaluate the need  
for sensory support



**GLUCOSE TEST**  
to measure and track  
risk of diabetes



**LOW-DOSE CT SCAN**  
to screen for lung cancer



**MAMMOGRAM**  
to detect and prevent  
breast cancer



**PSA SCREENING**  
to test for  
prostate cancer



**BLOOD PRESSURE TEST**  
to measure how hard your  
heart is working



**COLORECTAL SCREENING**  
to test for colon  
and rectal cancers



**CHOLESTEROL TEST**  
to measure your risk  
for heart attack and stroke



**IMMUNIZATIONS**  
to protect against  
infection and disease



**PAP SCREENING**  
to test for  
cervical cancer



**BONE DENSITY SCAN**  
to measure osteoporosis  
and bone loss



**SKIN EXAM**  
to identify and  
monitor skin growths

Visit [AtlanticHealth.org/appointments](https://AtlanticHealth.org/appointments) or call 800-247-9580

Need financial assistance? Call the Atlantic Health Customer Service Center at 800-619-4024